

# BEYOND THE GRIND

## LUNCH MENU

All BP menus, specials and promotions can be found at [www.ljscaterers.com/BP.html](http://www.ljscaterers.com/BP.html)

If you would like this menu emailed to you, please email: [joe@ljscaterers.com](mailto:joe@ljscaterers.com) with subject line: BP Menu

### SALAD BAR

Choose 1 Green, 5 Toppings, 1 Dressing	\$4.00
Each "Premium Topping"	\$1.00
Signature Salad—Grilled Chicken Caesar	\$5.00
Signature Salad—LJ's Chef Salad	\$5.00

*Special Salad of Day—Please See "Daily Specials Menu"*

### DELI STATION

Build your own sandwich	\$4.00
Signature Sandwich—Grilled Chicken Caesar Wrap	\$5.00
Signature Sandwich—Bacon, Lettuce, Tomato	\$5.00

*Special Sandwich of Day—Please See "Daily Specials Menu"*

### Protein

Golden Brown Turkey, Virginia Ham, Grilled Chicken

### Cheese \ Toppings

Yellow American, Swiss, Bacon (+\$1.00), Lettuce, Tomato, Mayo, Mustard, Onion

### Bread

Whole Wheat, NY Rye (Tomato Basil Wrap, Foccacia, Ciabatta, Flat Bread +\$1.00)

Feel free to ask for anything on the salad bar that day, anything in the salad bar can go into a sandwich.

### SOUP AND HOT STATION

Soup of Day (8oz)	\$2.00
Soup of Day(16 oz)	\$4.00
Hot Entrée of Day	\$5.00

### SNACKS AND MUNCHIES

Cold Salad Special—1/2 lb	\$2.50
David's Cookies	\$1.00
Mrs. Vickie's Chips (Regular, BBQ, Jalapeno)	\$1.00



We rotate our salad bar daily. If there are some items you would like to see more often, please let our staff know.

