

# BEYOND THE GRIND

DAILY SPECIALS - MONDAY OCTOBER 31, 2011

EMAIL [Joe@ljscaterers.com](mailto:Joe@ljscaterers.com) IF YOU WOULD LIKE MENU EMAILED DAILY

All BP menus, specials and promotions can be found at [www.ljscaterers.com/BP.html](http://www.ljscaterers.com/BP.html)



## SOUP OF THE DAY

✓ CHICKEN NOODLE SOUP

## COLD SANDWICH SPECIAL

### HOLY GUACAMOLE

Thinly sliced turkey breast, crispy bacon, lettuce, tomato, red onion, ranch dressing, and guacamole rolled into a wrap. (SERVED COLD BUT CAN ALSO BE PRESSED...JUST ASK :)

**THE SLOPPY SUE** ..... \$5.00

This one comes with a fork and a knife!!! Thin sliced medium rare roast beef, oven roasted turkey, and ham on rye bread with swiss cheese, cole slaw and Russian dressing. SERVED COLD BUT CAN ALSO BE SERVED PRESSED...JUST ASK :)

## PRESSED SANDWICHES

CHOICE OF: Rosemary Focaccia, Flat Bread Panini, Whole Grain Ciabatta or a Grilled Wrap

**MONTE CRISTO** ..... \$5.00

Ham and Turkey, cheddar, tomato and honey mustard

## TODAYS SALAD

♥ **GRILLED CHICKEN CAESAR SALAD** ..... \$5.00

Sliced grilled chicken over our garden salad with fresh croutons, parmesan cheese and homemade Caesar dressing.

## HOT LUNCH SPECIAL

☎ **LONDON RICKO HOT HERO** ..... \$5.00

London broil steak sauteed with hot cherry pepper, mushrooms & spinach with melted swiss cheese served on a hero roll

# BEYOND THE GRIND

DAILY SPECIALS - TUESDAY NOVEMBER 1

EMAIL [Joe@ljscaterers.com](mailto:Joe@ljscaterers.com) IF YOU WOULD LIKE MENU EMAILED DAILY

All BP menus, specials and promotions can be found at [www.ljscaterers.com/BP.html](http://www.ljscaterers.com/BP.html)



## SOUP OF THE DAY

CHILI

## COLD SANDWICH SPECIAL

**CRAB AND SHRIMP VEGGIE WRAP** ..... \$5.00

Homemade crab & shrimp salad in a wrap stuffed with grilled zucchini , sun-dried tomatoes and chopped spinach.

## PRESSED SANDWICHES

CHOICE OF: Rosemary Focaccia, Flat Bread Panini, Whole Grain Ciabatta or a Grilled Wrap

**PASTRAMI & SWISS** ..... \$5.00

First cut pastrami, Swiss and spicy mustard

**CHICKEN CORDON BLUE** ..... \$5.00

Breaded chicken cutlet topped with ham, swiss and ranch dressing

## TODAYS SALAD

♥ **MANDARIN GRILLED CHICKEN SALAD** ..... \$5.00

Sliced grilled chicken breast, romaine lettuce, iceberg, peppers, cucumber, carrots, mandarin orange slices, crunchy Chinese noodles and peanuts. Served with an oriental dressing.

## HOT LUNCH SPECIAL

**PENNE ALLA ROMANO WITH MEATBALLS** ..... \$5.00

Imported penne pasta in a homemade pink vodka marinara sauce with melted mozzarella cheese and meatballs. Served with a dinner roll and butter

# BEYOND THE GRIND

DAILY SPECIALS - WEDNESDAY NOVEMBER 2, 2011

EMAIL [Joe@ljscaterers.com](mailto:Joe@ljscaterers.com) IF YOU WOULD LIKE MENU EMAILED DAILY

All BP menus, specials and promotions can be found at [www.ljscaterers.com/BP.html](http://www.ljscaterers.com/BP.html)



## SOUP OF THE DAY

✓ GARDEN VEGETABLE

## COLD SANDWICH SPECIAL

**HONEY TURKEY CROISSANT** ..... \$5.00

Honey turkey breast served on a croissant spread with honey dijon dressing and topped with spinach, swiss cheese and tomato.

## PRESSED SANDWICHES

CHOICE OF: Rosemary Focaccia, Flat Bread Panini, Whole Grain Ciabatta or a Grilled Wrap

**THE FUN GUY** ..... \$5.00

Grilled portabella mushrooms with roasted peppers. Asiago cheese and a light garlic spread

**THE GODFATHER** ..... \$5.00

Thinly sliced prosciutto topped with wet mozzarella cheese, spinach and roasted pepper pesto

## TODAYS SALAD

**RIO SALAD** ..... \$5.00

Mesculine greens topped with grill chicken, red onions, peppers, jalapeno cheese, diced tomato and tortilla strips. Served with a honey lime dressing

## HOT LUNCH SPECIAL

**CHICKEN MURPHY** ..... \$5.00

Tender breast of chicken sauteed with Italian hot peppers, sweet peppers and onions in a whiskey brown sauce. Served with steamed rice.

# BEYOND THE GRIND

DAILY SPECIALS - THURSDAY NOVEMBER 3, 2011

EMAIL [Joe@ljscaterers.com](mailto:Joe@ljscaterers.com) IF YOU WOULD LIKE MENU EMAILED DAILY

All BP menus, specials and promotions can be found at [www.ljscaterers.com/BP.html](http://www.ljscaterers.com/BP.html)

## BBQ DAY

Weather Permitting - If BBQ cancelled, hot entrees and salads will be available.

<b>GRILLED CHICKEN ON BUN</b> .....	\$2.00
<b>HAMBURGER/CHEESEBURGER</b> .....	\$2.00
<b>HOT DOG</b> .....	\$1.00

## BBQ SIDES

<b>POTATO SALAD</b> .....	\$.50	<b>SESAME NOODLE</b> .....	\$.50
<b>COLE SLAW</b> .....	\$.50	<b>WATERMELON</b> .....	\$.50
<b>CORN ON THE COBB</b> .....	\$.50	<b>BAKED BEANS</b> .....	\$.50

## PRESSED SANDWICHES

CHOICE OF: Rosemary Focaccia, Flat Bread Panini, Whole Grain Ciabatta or a Grilled Wrap

<b>RUSSIAN CHICKEN CLUB</b> .....	\$5.00
Grilled Chicken topped with bacon, american cheese, and Russian dressing.	
<b>SPINACH &amp; MUSHROOM MELT</b> .....	\$5.00
Grilled swiss with sauteed spinach, onions and mushrooms	

# BEYOND THE GRIND

DAILY SPECIALS - FRIDAY NOVEMBER 04, 2011

EMAIL [Joe@ljscaterers.com](mailto:Joe@ljscaterers.com) IF YOU WOULD LIKE MENU EMAILED DAILY

All BP menus, specials and promotions can be found at [www.ljscaterers.com/BP.html](http://www.ljscaterers.com/BP.html)

## APPETIZER SPECIAL

---

**ST LOUIS STYLE BBQ PORK RIBS** ..... \$3.00

Juicy tender bbq pork ribs.

## PRESSED SANDWICHES

---

**CHOICE OF: Rosemary Focaccia, Flat Bread Panini, Whole Grain Ciabatta or a Grilled Wrap**

**TUNA MELT** ..... \$5.00

Our famous tuna salad topped with sliced tomato and american cheese

**THE PILGRIM** ..... \$5.00

Thinly sliced turkey breast, cheddar cheese, tomato and cranberry citrus mayo

## TODAYS SALAD

---

**♥ TRADITIONAL CHEF SALAD** ..... \$5.00

Our garden salad topped with ham , turkey and swiss cheese served with a hard boiled egg and house dressing.

## HOT LUNCH SPECIAL

---

 **STEAK LOUIE** ..... \$5.00

Marinated London broil steak sauteed with mushrooms and onions in a dry vermouth brown sauce topped with melted swiss cheese. Served with roasted potatoes.